

1	Choku tsuki	JO SUBURI
2	Kaeshi tsuki	
3	Ushiro tsuki	Tsuki
4	Tsuki gedan gaeshi	
5	Tsuki jodan gaeshi	
6	Shomen uchikomi	
7	Renzoku uchikomi	
8	Men uchi gedan gaeshi	Uchikomi
9	Men uchi ushiro tsuki	
10	Gyaku yokomen uchi ushiro tsuki	
11	Katate gedan gaeshi	
12	Toma katate uchi	Katate
13	Katate hachi no ji gaeshi	
14	Hasso gaeshi uchi	
15	Hasso gaeshi tsuki	
16	Hasso gaeshi ushiro tsuki	Hasso gaeshi
17	Hasso gaeshi ushiro uchi	
18	Hasso gaeshi ushiro harai	
19	Hidari nagare gaeshi uchi	Nagare
20	Migui nagare gaeshi tsuki	